

## **Organisations in Cambridge**

### **Accommodation**

Argyle Street Housing Co-op  
3 Fletcher Terrace  
Cambridge  
01223 411615

Accommodation in shared houses plus some one-bedroom flats. Member participation is expected.

Cambridge Cyrenians  
6 Short Street  
Cambridge  
01223 712501

### **Accommodation for single homeless in small community houses.**

Cambridge Housing Society  
1A Fortescue Road  
Cambridge  
CB4 2JS

Manages over 1000 housing units including those for young people, learning difficulties and the elderly.

Cambridge Women & Homeless Group  
Corona House  
1 Corona Road  
Cambridge  
01223 369125  
Hostel for single homeless women

Cambridge Women's Aid  
01223 460947 (24 hour helpline)  
Offers safe and secure accommodation to women and their children who are experiencing domestic violence.

Castle Project  
Dale's Brewery  
Gwydir Street  
Cambridge  
01223 566737  
Supported housing for young people aged 16-25 years

Circle 33 Housing Trust  
1 St Catherine Street  
Cambridge  
Provides housing management acrosss East Anglia.

Emmaus Cambridge  
Green End  
Landbeach  
Cambridge  
01223 863657  
Offers home, work & support to homeless & marginalised men and women in a community-living setting.

English Churches Housing Group  
222 Victoria Road  
Cambridge  
01223 352718  
Hostel for men and women. Dog spaces.

English Churches Housing Group  
17-19 Willow Walk  
Cambridge  
01223 519400  
Hostel for men and women. Dog spaces.

Granta Housing Society  
1 Horizon Park  
Cambridge  
01223 576576  
General needs housing plus care provider for range of client groups eg mental health, vulnerable single homeless, women and children fleeing domestic violence

Harvey Housing Association  
9/10 Harvey Road  
Cambridge  
01223 364375  
Provides affordable accommodation for one parent families.

Hundred Houses Society  
71 Scotland Road  
Chesterton  
Cambridge  
01223 315036  
Charitable housing association

Kings Street Housing Society  
89 King Street  
Cambridge  
01223 312294  
Provides and manages a range of social housing.

Stonham Housing Association  
1 Elizabeth Way  
Cambridge  
01223 460061  
Provides and housing and support through Probation Service referrals.

YMCA  
Queen Anne House  
Gonville Place  
Cambridge  
01223 313388  
Range of bedsits, flatlets and rooms for single homeless aged 18-28.

### **Advice**

Cambridge Family Planning Service  
Auckland Road Clinic  
Cambridge  
01223 533320  
Free, confidential advice and information on contraception and sexual health.

Cambridge Independent Advice Centre  
41 Mill Road  
Cambridge  
01223 712222  
Advice and information for those on low incomes. Advice on welfare benefits, debt, employment, immigration and housing.

Cambridge Regugee Support Group  
Llandaff Cgambers  
2 Regent Street  
Cambridge  
01223 575489  
Provides information, advice and support to asylum seekers & refugees.  
Guidance on food, accommodation, legal and medical services, benefits and employment.

Cambs Probation Service  
Warkworth Lodge  
Warkworth Street  
Cambridge  
01223 712271

Supervision of those released on licence and assistance with resettlement.

Citizens Advice Bureau  
72-74 Newmarket Road  
Cambridge  
08701 264010 (advice line)  
01223 361418 (for appointments)  
Free, independent advice on a range of issues.

Opportunity Links  
Trust Court  
The Vision Park  
Histon  
Cambridge  
0800 298 9121  
Free information service providing advice on childcare, training, benefits and jobs.

### **Services for homeless and vulnerably housed**

Cambridge City Council Housing Aid  
Hobson House  
44 St Andrew's Street  
Cambridge  
01223 457934/5/6  
Includes Housing Needs and Temporary Housing Service

The Centre  
Wintercomfort for the Homeless  
Overstream House  
Victoria Avenue  
Cambridge  
CB4 1EG  
01223 518140  
Counselling and advisory services, basic numeracy and literacy skills, food, laundry, personal hygiene facilities, variety of recreational groups.

Cambridge City Council Sports Development Team  
Parks & Recreation  
44 Hobson House  
St Andrew's Street  
Cambridge  
01223 457457

Provides opportunities to enable homeless people and other disadvantaged groups to gain access to discounted or free sport and recreation activities.

Street Outreach Team  
125 Newmarket Road  
Cambridge  
01223 366292

Provides support and advice to both rough sleepers and those in the City's hostels and nightshelter. Assists with referrals to temporary accommodation and the move to more permanent housing.

Zion Baptist Church  
1 East Road  
Cambridge  
CB1 1BD  
01223 576385

Free community lunch – Friday's 12.15-1.45pm

## **Benefits**

Department for Work and Pensions  
Henry Giles House  
73-79 Chesterton Road  
Cambridge  
01223 545200 (Social Security)  
01223 545000 (Job Centre)  
01223 545345 (Social Fund)  
Formerly the Benefits Agency.

## **Counselling and Support Groups**

Cambridge Rape Crisis Centre  
Box R  
12 Mill Road  
Cambridge  
0115 900 3560 (National helpline)  
01223 358314 (local)

Provides support, advice and information to women and girls who have been raped or sexually abused.

Cambridge Women's Aid  
94 Regent Street  
Cambridge  
CB2 1DP  
01223 350764

Offers information, advice, practical and emotional support to women who are experiencing domestic violence.

Choices for Men  
The Bath House  
Gwydir Street  
Cambridge  
01223 471574 (helpline)  
01223 505089 (admin)

Free, confidential counselling and support to men who have been affected by sexual abuse.

Choices for Women  
91 Cherry Hinton Road  
Cambridge  
01223 471574 (helpline)  
01223 416616 (admin)

Offers free, confidential counselling and support to women who have been affected by sexual abuse.

Cruse Bereavement Care  
St Luke's Church Centre  
Victoria Road  
Cambridge  
0870 167 1677 (national helpline)  
01223 302662 (local information)

Free information and advice to anyone who has been affected by death. Includes support and one-to-one and group counselling.

Samaritans  
4 Emmanuel Road  
Cambridge  
08457 909090 (National support line)  
01223 364455 (local)

Available 24 hours a day to provide confidential, emotional support for people experiencing feelings of distress or despair, or those that may lead to suicide.

## **Drug and Alcohol Services**

Alcoholics Anonymous

0845 769 7555 (National helpline)

01223 833900 (local information)

Fellowship of men and women who share their experiences to help themselves and others recover from alcoholism.

The Bridge

152-154 Mill Road

Cambridge

01223 214614

Advice and information on illegal drug use. Offers assessment, counselling and referral. Provides needle exchange and family support.

Cambridge Drug and Alcohol Service

Mill House

Brookfields Hospital

351 Mill Road

Cambridge

01223 723020

Treatment service for those experiencing difficulties due to substance misuse. Also support for their families. On-site pharmacy. Shared care work with GPs and satellite clinics.

Drinksense

185 East Road

Cambridge

01223 350599

Counselling, information and support for those with alcohol problems, their families and carers.

## **Mental Health Support**

Cambridge Clubhouse

47 Norfolk Street

Cambridge

CB1 2LD

01223 359561

Community-based rehab day programme for those with mental health problems. Range of work experience and longer-term employment opportunities, plus a social programme.

Cambs Independent Advocacy Service  
Fulbourn Hospital  
Cambridge  
01223 218500

Free, independent and confidential advocacy, information and support service for people with mental health problems.

Lifecraft  
The Bath House  
Gwydir Street  
Cambridge  
01223 566957

Services include information, social club, counselling, helpline and weekly groups.

Lifeline  
01223 521521

Lifecraft project providing out of hours telephone support, guidance and advice. Provides information on mental health problems, treatments, local resources and national organisations.

Turning Point  
Gwydir Service Mental Health Outreach Team  
Dales Brewery  
Gwydir Street  
Cambridge  
01223 516511

Provides practical and emotional support for those who have mental health problems and associated complex needs.

## **Medical**

Addenbrookes Hospital  
Hills Road  
Cambridge  
01223 245151

NHS Direct  
0845 4647

Cambridge Access Surgery  
125 Newmarket Road  
Cambridge  
01223 358961

Provides GP services to homeless and those in hostels and nightshelters.

CamDoc  
Chesterton Hospital  
Union Lane  
Cambridge  
01223 464242  
Emergency GP service

## **Young People**

Castle Project  
Dale's Brewery  
Gwydir Street  
Cambridge  
01223 566737

Support scheme for 16-25 year olds. Provides range of educational, recreational and social opportunities including holidays, literacy, IT training, drop-in, arts & craft, outings, living skills, discussion groups. Also accommodation.

Centre 33  
33 Clarendon Street  
Cambridge  
01223 316488

Free and confidential counselling and information centre. Services include advice and advocacy for housing, carers projects, pregnancy testing.

Young People's Service  
Douglas House  
18A Trumpington Road  
Cambridge  
01223 726145

Provides range of outpatient psychological services for 16-25 year olds, including those with emotional problems relating to: family, leaving home, isolation, sexual abuse, eating/body image, sexual identity.

## **Employment & Training**

Aspire East  
1 East Road  
Cambridge  
01223 472698

Offers full-time wages and support to help people make the transition from benefits into work. Training and careers guidance offered. Includes delivery & collection of the Fair Trade catalogue, car wash and the Cambridge Foodbank.

Big Issue  
c/o Overstream Houser  
Victoria Avenue  
Cambridge  
01223 519424  
News and current affairs magazine sold on the streets by homeless or vulnerably accomodated people.

Cambridge Jobsearch  
18 George IV Street  
Cambridge  
01223 313415  
Free service to the homeless. Provides career guidance, counselling, training needs analysis, compiling CVs, support in job hunting.

Quest Employment Support Team (QUEST)  
The Paddocks  
347 Cherry Hinton Road  
Cambridge  
01223 242267  
Supports those with mental health problems or physical disabilities, helping them prepare for and gain suitable employment.

## **Travel**

National Rail Enquiries  
08457 484950

Stagecoach Cambus  
0870 6082608

National Express  
08705 808080

## **Other information, resources and services**

Cambridge SOFA  
The Paddocks  
347 Cherry Hinton Road  
Cambridge  
01223 576535  
Recycles good quality electrical appliances, furniture and household goods. All items are offered at an affordable price to local people on benefits or a low income.

Cambridgeshire Constabulary  
01223 358966

Central Library Cambridge  
7 Lion Yard  
Cambridge  
01223 712000

Volunteers Plus  
93 East Road  
Cambridge  
01223 566537

Provides opportunities for anyone who wishes to volunteer their time, but needs a little support. Includes buddying scheme, short courses and opportunities to learn office skills.